

UAS Ketchikan Cup O' News

**Drink in all the
current
happenings on
campus!**



*We would love to share your news!
Contact Marianne Ledford
228-4555 or mledford2@alaska.edu*

Happy New Year!

JANUARY 2017

UAS KETCHIKAN FACULTY & STAFF DAY

Monday, January 9, will be the Spring Faculty & Staff Day. Faculty will meet in the morning. All employees will meet for campus updates and lunch, followed in the afternoon by an overview of Mental Health First Aid.

MENTAL HEALTH FIRST AID – COMMUNITY CERTIFICATION



**THE ALASKA
TRAINING
COOPERATIVE**

Tuesday, January 10th, 2016, 8:30am - 5:00pm
University of Alaska Southeast Ketchikan
2600 7th Ave, Ketchikan, AK

The Alaska Training Cooperative, in partnership with UAS Ketchikan, is offering an 8-hour course for any faculty, staff and members of the community who would like to become certified in Mental Health First Aid.

The Mental Health First Aid course teaches you how to identify, understand and respond to signs of mental illnesses and substance use disorders. The training gives you the skills you need to reach out and provide initial help and support to someone who may be developing a mental health or substance use problem or experiencing a crisis. More than 700,000 people across the United States have been trained in Mental Health First Aid. Mental Health First Aiders are anyone who wants to make their community healthier, happier and safer for all.

Mental Health First Aid (MHFA) for Public Safety is a course specially designed for police officers, first responders, corrections officers and other public safety professionals, helping them better understand mental illnesses and providing them with effective response options to deescalate incidents without compromising safety.

This training offers 8 C.E. Credits for Nursing through the American Nurses Credentialing Center (ANCC). Please see registration page for more information.

The university will cover the cost for any staff and faculty who wish to attend the training. The cost is \$85 for members of the public.

Register: Members of the public who wish to attend must register through the The Alaska Training Cooperative Learning Management System.

Contact: For more information, contact Jill at [907-264-6228](tel:907-264-6228) or jill@alaskachd.org.

ASK UAS: WHERE KETCHIKAN FINDS ANSWERS



RECAP: Mapping and Participating in the Inupiaq Way of Life in the Arctic

The chilly twenty degree weather on December 6 made this Ask UAS presentation feel like an even more authentic experience. Thirty-five community members braved the cold to hear Dr. Brandon Chapman discuss his experiences with the Inupiaq people. He shared facts about their culture and how hunting, fishing, and gathering is a way of life for them. He also shared his experience of mapping traditional hunting and fishing grounds as part of a project that would seek to protect vital resources as future roads and mines are developed. The audience members asked questions at the end of the presentation. They enjoyed the refreshments and warm library atmosphere before heading off into the cold winter night.

January Topic - Mental Illness: Causes, Treatments, and the Effects of Stigma

Presented by Jill Ramsey, M.S., C.P.R.P.

Tuesday, January 10 at 6:30 pm

UAS Ketchikan Campus Library

For information, call 228-4567

Ask UAS events are free and open to the public

FACULTY ACHIEVEMENTS

Joseph Lefleur, UAA Assistant Professor of Nursing who teaches nursing at the UAS Ketchikan campus, was appointed by Governor Bill Walker to the registered nurse and baccalaureate education seat on the Board of Nursing, which regulates practicing nurses in Alaska. His term runs March 2017 to March 2021.

PERSONNEL – ADDITIONS & CHANGES

Please welcome two new additions of faculty to our campus this spring. Scott Hamilton will be joining us as term assistant professor of marine transportation as Claire Fine is on maternity leave and Wayne Houtcooper will be joining us as term assistant professor of science as we bid Christopher Donar a fond adieu and wish him well in his new endeavors.

In preparation for the renovation of the KRMCC, John Autry has moved into Ziegler Building Room 102 (the space behind the mailroom). More KRMCC folks will be moving into the Ziegler Building throughout the spring as the renovation work ramps up.

MARITIME & MULTISKILLED WORKER PROGRAM UPDATE



The Fall 2016 Maritime & Multi-skilled Worker students celebrated the completion of their 12 weeks of training with a ceremony on December 9 at the Ketchikan Regional Maritime & Career Center. Each graduate receives university credits and is eligible for the U.S. Coast Guard Qualified Member of the Engine Department (QMED) certification after they complete their required sea time. Three of the

students will begin internships with the Alaska Marine Highway System in January, one student has been hired by Vigor Alaska at the Ketchikan shipyard and two students are exploring other maritime careers. Congratulations!

L-R: Travis Jones, Adrian Hodne, Elliot Scott, Johnathan Dewey, Kristen Booth, Renzo Rodriguez

UAS KETCHIKAN NEW INDUSTRIAL SKILLS TRAINING GRANT AWARD

UAS Ketchikan was awarded a new 18-month, \$49,986 grant from the Alaska Community Foundation's Vocational Fund for Alaska's Future in December. The funds will be used to expand course offerings in the industrial trades. There will be a planning phase during Spring and Summer of 2017, with new classes being offered during Fall 2017 and Spring 2018. Grant money will cover the cost of curriculum development, purchasing training materials, hiring adjunct instructors and lab assistants along with tuition support for students.

UAS KETCHIKAN INDUSTRIAL HAS NEW MARITIME DAMAGE CONTROL TRAINING UNIT



The UAS Ketchikan Marine Transportation Program recently took possession of a new damage control training unit. The unit was constructed for UAS Ketchikan with TVEP funding. It is portable and will allow the UAS Ketchikan Marine Transportation Program flexibility in offering a course using this new equipment.

SURPLUS SALE

UAS Ketchikan campus will be having a surplus sale in March or April – watch for details!
Employees not directly involved in the preparation of this sale are welcomed to bid on items.

ACTIVITIES & EVENTS

January 1 – New Year's Day

January 9 – Faculty & Staff Development Day

January 10 – Mental Health First Aid course

January 10 – Maritime Industry Stakeholders Meeting

January 16 – Alaska Civil Rights Day (campus closed)

January 17 – First day of Spring classes

January 26 – Welcome Back Feast (baked potato bar – Student Center)

February 5 – Welcome Back Feast (baked potato bar – KRMCC)



TECH TIP OF THE MONTH

THE PROPER CARE AND FEEDING OF YOUR PRINTERS & COPIERS

Standard paper sizes in the US: 8.5”X11” (letter), 8.5”X14” (legal) and 11”X17” (ledger). They usually come in a ream (500 Sheets), with 10 reams to a case and 40 cases to a pallet.

Paper weight: we use 20lb bond, but we can and do print on 65lb cover paper.



Paper that copiers & printers like and can be used

- Plain Paper
- Heavy paper
- Thin paper
- Pre-printed
- Recycle Paper
- Letter head
- Pre-punched



- Color
- Labels
- Glossy paper
- Transparency
- Tab Paper
- Envelope

Paper that copiers & printers don't like and cannot be used

- Special media for an ink jet printer
- Carbon or thermal paper
- Pasted paper
- Paper with clips
- Paper with fold marks
- Torn paper
- Oil-feed transparency film



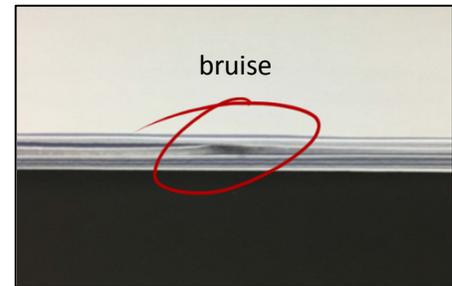
- Thin paper less than 15 lbs
- Heavy paper as thick as 110 lbs. cover
- Irregularly shaped paper
- Stapled paper
- Damp paper
- Curled paper
- Iron-on transfer paper

Paper is made on a big roller and then cut to size. This puts a slight curl in the paper. This is not a problem until it gets moist (Moist? In Ketchikan? Never!). So we have slightly moist paper, which, again, is not a problem until we try to feed our copier and we put it in with the curl upside down. When the copier or printer tries to move the paper around and the curl catches on a feed paw, then we have a jam.



So, when you open the paper, the side of the package that has the seam is the top and should be kept up when put into the tray.

When you open the package, look at the edges. Make sure there are no bunged corners and that the sides are free of “bruised” edges where the side of the package has been hit and marred the paper or where the straps of the case have been cinched into the side of the paper (all of which will cause a paper jam).



Hold the paper in one hand and fan it to make sure the pages don't stick together, then use the other hand and fan the other side, keeping the top side up. Put about half of it in the paper tray at a time, with the top still up. This way you make sure it lays flat and you don't get a big wrinkle on the bottom of the stack.

In most paper trays there is a “fill to here” line. If you put too much paper in the tray or it's not straight the tray can't lift and...we get a paper jam.

And with anything tech, call John or Dave if you have any questions.

