

Aquatic Biomass is a Major Source to Particulate Organic Matter Export in Large Arctic Rivers

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Abstract

Arctic rivers provide an integrated signature of the changing landscape and transmit signals of change to the ocean. Here we use a decade of particulate organic matter (POM) compositional data to deconvolute multiple allochthonous and autochthonous pan-Arctic and watershed-specific sources. Constraints from carbon-to-nitrogen ratios (C:N), $\delta^{13}\text{C}$, and $\Delta^{14}\text{C}$ signatures reveal a large, hitherto overlooked contribution from aquatic biomass. Separation in $\Delta^{14}\text{C}$ age is enhanced by splitting soil sources into shallow and deep pools (mean \pm standard deviation: -228 ± 211 v. $-492 \pm 173\text{‰}$) rather than traditional active layer and permafrost pools (-300 ± 236 v. $-441 \pm 215\text{‰}$) that do not represent permafrost-free Arctic regions. We estimate that 39-60% (5-95% credible interval) of the annual pan-Arctic POM flux (averaging 4391 Gg/y particulate organic carbon from 2012-2019) comes from aquatic biomass. The remainder is sourced from yedoma (12-21%), deep soils (5-25%), shallow soils (2-19%), petrogenic inputs (8-10%), and fresh terrestrial production ($\leq 3\%$). Climate change-induced warming and increasing CO_2 concentrations may enhance both soil destabilization and Arctic river aquatic biomass production, increasing fluxes of POM to the ocean. Younger, autochthonous and older, soil-derived POM likely have different destinies (preferential microbial uptake and processing versus significant sediment burial, respectively). A small ($\sim 7\%$) increase in aquatic biomass POM flux with warming would be equivalent to a $\sim 30\%$ increase in deep soil POM flux. There is a clear need to better quantify how the balance of endmember fluxes may shift with different ramifications for different endmembers, and how this will impact the Arctic system.

Significance Statement

Particulate organic matter (POM) transported in Arctic rivers has previously been viewed as originating primarily from vulnerable northern high-latitude soils. Here we present results from eight years of POM sampling from the six largest Arctic rivers, a unique set of mixing models, and endmember data to show that aquatic biomass, a previously overlooked endmember, may contribute 39-60% of the average annual 4391 Gg/y pan-Arctic POM flux. Because of compositional differences, soil-derived POM (like ancient permafrost) has previously been shown to be preferentially preserved in sediments while autochthonous POM (like aquatic biomass) preferentially fuels food webs; this major contribution of in situ riverine production thus suggests a need to re-evaluate Arctic riverine POM fate and role in the global carbon cycle.

1. Introduction

Climate change is warming the Arctic rapidly, modifying permafrost extent and stability with ramifications for carbon cycling globally (1). Disturbed terrestrial carbon can be mobilized in multiple forms including particulate organic matter (POM), which is transported through fluvial networks, modified by estuarine transport, and released to the Arctic Ocean where it can impact oceanic production and chemistry (2, 3). Large Arctic rivers are particularly important POM integrators as they reflect the sum of landscape processes and features in their watersheds and provide a comprehensive picture of the state of the Arctic ecosystem (4, 5).

While there is ongoing debate about the quantity of permafrost carbon currently being released to rivers (e.g., 6, 7), fundamental questions concerning how the sources and composition of POM in Arctic rivers will change in response to regional change remain. Permafrost soils are diverse in physical characteristics, chemistry, and hydrology (6, 8, 9), and contain carbon that varies in radiocarbon age from modern ($\Delta^{14}\text{C} > 0$; e.g., Heffernan et al. 2020) to ancient, i.e. $\Delta^{14}\text{C} < -999\text{‰}$ (e.g., 10). However, permafrost is only one possible source of Arctic aged soil organic carbon (SOC). Unfrozen SOC in the pan-Arctic watershed spans a similar age range, i.e., $\Delta^{14}\text{C} > 0$ to $< -800\text{‰}$ $\Delta^{14}\text{C}$ (11, 12), in deep active layers, taliks in permafrost regions, and vast permafrost-free zones that feed north-flowing rivers. Fresh terrestrial production, aquatic biomass, and petrogenic inputs derived from bedrock weathering can also contribute organic matter (OM) spanning a wide range of radiocarbon ages to Arctic rivers, expanding the number of possible sources and complicating endmember delineation (6, 13-15). Warming temperatures and increasing CO_2 concentrations will lead to greater aquatic primary production (16, 17), modified hydrological processes, and increased potential for soil erosion (9, 18). Collectively, these processes will impact the balance of POM sources entering Arctic rivers, the aquatic

carbon cycle and the ecological functioning of Arctic freshwaters, downstream estuaries, and ocean environments which contribute to the region's ecosystem services to the planet (annual value estimates range from Hong Kong's GDP to the entire global GDP; 19).

Here we use eight years (2012-2019) of POM data collected every two months from the six largest Arctic rivers (the Ob', Yenisey, Lena, Kolyma, Yukon, and Mackenzie; Arctic Great Rivers Observatory; www.arcticgreatrivers.org; Figure 1) to create river-specific, three-tracer mixing models using carbon-to-nitrogen molar ratios (C:N), $\delta^{13}\text{C}$, and $\Delta^{14}\text{C}$ values to better constrain contributions from different OM sources to POM fluxes. The models use pan-Arctic endmembers gathered from the literature (with sources detailed in Supporting Information) representing autochthonous and allochthonous POM sources as well as river-specific sources and are seasonally explicit (Table 1; 2, 6, 15, 20). We calculate the flux of each POM source, expressed in terms of particulate organic carbon (POC), and assess how source fluxes partition across rivers and seasons. We explore the notion that aquatic biomass, a POM source previously underappreciated within large Arctic rivers, potentially comprises a major component of the riverine POM pool and contributes substantially to the total POM flux to coastal estuaries. In our analysis, we use an alternative to the traditional division between "active layer" and "permafrost" to capture SOC ages and chemistries encompassing regions that are not underlain by continuous permafrost. We also consider the multifaceted ways that climate change may enable permafrost thaw and shifts in aquatic biomass production to impact the distribution of POM sources and fluxes, and how this may affect ecosystem processes such as carbon sequestration and food web productivity.

2. Results

2.1 Sample POC, C:N, $\delta^{13}\text{C}$, and $\Delta^{14}\text{C}$ values

Characteristics of surface suspended POM tended to vary seasonally with discharge, with lowest POC concentration, highest C:N values, and lowest $\delta^{13}\text{C}$ -POC values occurring for many rivers in winter (Tables S1 and S2; Figure S1) as previously described (5, 6), and notable variation between rivers in the annual cycle of POM characteristics (see Figure S2 for interannual variation; elucidating interannual trends in POM composition are beyond the scope of this study). The whole POM dataset was depleted in $\Delta^{14}\text{C}$ (mean \pm standard deviation: $-429 \pm 149\text{‰}$) and $\delta^{13}\text{C}$ ($-29.7 \pm 2.5\text{‰}$) and had low C:N values (11.3 ± 3.7), suggesting inputs of aged carbon as well as nitrogen-rich, $\delta^{13}\text{C}$ -depleted carbon sources. Spring Mackenzie samples had the lowest $\Delta^{14}\text{C}$ -POC values ($-668 \pm 93\text{‰}$) while spring Ob' samples had the highest values ($-249 \pm 55\text{‰}$). As noted previously, the Mackenzie POC was significantly more ^{14}C -depleted across all seasons than all other rivers (Figure 2; 5, 21).

2.2 Soil endmember delineation

When compiling the data that feed into the soil endmember values, variables did not neatly separate by thaw state or depth (Figure 3; Dataset S1). The physical state of many datapoints used in this study was not obvious, while datapoints corresponding to confirmed frozen and unfrozen samples both extended from near surface to >5 m. The near complete overlap in depth and chemistry of unfrozen (i.e., active layer and non-permafrost) and permafrost samples in the pan-Arctic watershed renders this delineation unhelpful for our broad assessment. Since there was no obvious break point in SOC chemistry with depth and not all studies reported which soil data were from mineral or organic layers (Figure 3), we chose to divide the entire soil column into shallow ($<1\text{m}$) and deep ($\geq 1\text{m}$) pools of similar size (537 and 515 datapoints,

respectively) to provide a simple demarcation for assessing soil endmembers. Although $\Delta^{14}\text{C}$ values vary considerably within each category, those of unfrozen and permafrost categories were more similar (mean \pm standard deviation: -300 ± 236 v. $-441 \pm 215\%$) than shallow versus deep soils (-228 ± 211 v. $-492 \pm 173\%$). Thus, sorting soils by depth allows better separation of carbon sources by age than does sorting by thermal state.

2.3 Mixing model endmember contributions to POM stocks within the rivers

Across all seasons, aquatic biomass accounted for a majority (seasonal medians $>50\%$) of the POM exported by the Ob', Lena and Kolyma (Table S3). It also contributed substantially to Mackenzie, Yukon, and Yenisey POM (seasonal medians 33-44, 8-45, and 11-53%, respectively; Table S3). Shallow soil provided approximately a third of sampled spring and summer Yukon POM. Deep soil provided 46-84% of sampled Yenisey POM. The contribution of fresh terrestrial production was always low ($<5\%$). Yedoma contributed substantially (23-43%; Table S3) in all seasons for rivers in which it is present (Yukon, Kolyma and Lena), while petrogenic inputs made up a majority of the exported Mackenzie POM pool in all seasons (53-61%; Table S3).

2.4 POC fluxes from each source

Combining each calculated percent endmember contribution with average POC fluxes for each river and season indicated that aquatic biomass contributed a majority of the pan-Arctic POC flux (median; 5-95% credible intervals (CI): 2219 Gg or 51%; 1727-2624 Gg or 39-60%; Table 2; Figure S3; Table S3; Table S4) and provided the largest annual flux of any endmember in the Ob', Lena, and Kolyma Rivers (Figure S3). The pan-Arctic contribution of aquatic biomass to POC flux increases from spring to summer to winter (5-95% CI of seasonal POC flux

36-58%, 43-62%, and 44-63%, respectively). Yedoma contributed substantially (17; 12-21%) to the annual fluvial POC flux across the pan-Arctic despite its presence in only three watersheds, followed by deep soil (12; 5-25%). Due to its prevalence and relative importance in the Mackenzie Basin, petrogenic carbon contributed 9% (8-10%) to pan-Arctic POC flux, followed by shallow soil (8; 2-19%) and fresh terrestrial production (<1; 0-3%). All endmembers except yedoma and shallow soil had their largest mean pan-Arctic fluxes during spring, while the largest yedoma and shallow soil fluxes occurred during summer.

Seasonal POC fluxes followed discharge, with the lowest POC fluxes for all rivers during winter low flow (Table 2; Table S4; Figure S3; see also 5). The six rivers export an average of 2942 ± 150 Gg POC annually over the 2012-2019 period (see also the McClelland et al. 2016 estimate of 3055 Gg y^{-1} for 2003-2012). Scaled to the $16.8 \times 10^6 \text{ km}^2$ pan-Arctic watershed (Figure 1), total fluxes result in 2230 Gg POC (or ~51% annual flux) in spring, 1918 Gg POC (~44% annual flux) in summer, and 243 Gg POC (~6% annual flux) in fall/winter, or 4391 Gg POC annually.

3. Discussion

3.1 Pathways for allochthonous endmember contributions to POM

The fluxes and source attributions of POM reported here are determined from width-integrated surface suspended POM samples, and so account for the main water column fluxes but not movement of deeper suspended sediments or river-bottom materials, which are larger, may differ in character and source, and be of higher concentration (14). Therefore, the flux values presented here are conservative. Yedoma and deep soil contributions follow similar seasonal patterns which are indicative of regulation by erosional processes. Contributions of

yedoma are prominent where it is present (the Lena, Kolyma, and Yukon watersheds; 25-38% annual flux of rivers; Figure S3), aligning with recently observed yedoma POM riverine mobilization (6). Deep soil contributions are noticeable where yedoma is absent (i.e., the Ob', Yenisey, and Mackenzie). The older yedoma and deep soil pools are vulnerable to release from river bank erosion (5, 18, 22), showing the greatest susceptibility near the end of summer when lateral thaw causes exposed river bank faces to be least protected from erosion (e.g. 23). We found the greatest percent yedoma contributions to the Lena and Kolyma in winter, which may reflect the substantial lag time between upstream thaw and erosion and POM transport time to the river mouths (on the order of several months; 23).

The deep soil endmember shows a similar lag time in the Ob' and Yenisey, with greatest percent endmember contribution in winter (5-95% CI: 10-34% and 72-91, respectively; Table S3). The same erosional processes that can introduce POM from deeper soil layers to rivers can also carry shallower, younger soils. Shallow soil emerges as a significant source of POM in the Yukon (12-43% annual POC flux), where ongoing bank erosion may be facilitated by it possessing the steepest mean watershed slope and the greatest percent coverage of discontinuous permafrost of the six major Arctic rivers (4, 24, 25). The dominance of the petrogenic endmember in the Mackenzie is consistent with previous studies demonstrating significant inputs from the Devonian-age Canol formation of the lower Mackenzie watershed (21, 26). The similarity of our mixing model results for the Mackenzie (petrogenic endmember 55-64% annual Mackenzie POC flux) with previous studies (40-57% contribution of ancient petrogenic carbon to Mackenzie region sediments; 15, 21) supports the endmember contribution estimates in the present study. In contrast, other studies have found that POC taken at depth from the water column in the Mackenzie was younger than surface POC and have thus calculated a smaller

overall contribution (10-30%) to total suspended sediment load from the petrogenic endmember (14, 26). Our surface POM sampling may thus overestimate total petrogenic contribution to the Mackenzie, but our results fit with past conclusions that Mackenzie POM is sourced from a mix of petrogenic and more modern sources, including algae (14).

Fresh terrestrial production was a negligible contributor to POM in all rivers and seasons. Though fresh terrestrial production overlaps with some riverine POM samples in $\delta^{13}\text{C}$ space, all POM samples were substantially aged and displayed lower C:N ratios than the fresh terrestrial production endmember (Figure 2; Figure S4). The lack of fresh terrestrial production in our surface POM samples fits with past work demonstrating a “vegetal undercurrent” carrying undegraded plant fragments near the river bottom and suggests that much fresh terrestrial production is likely transported deep in the water column as coarse debris (14). The lower proportion of surface POM assigned to fresh terrestrial production here than to so termed “recent organic carbon” in Wild et al. (2019) is likely caused by our explicit consideration of aquatic biomass.

3.2 Aquatic biomass as a critical and overlooked Arctic river POM source

Aquatic biomass (water column OM that has grown in situ such as biofilm or invertebrates) accounts for the bulk of the annual pan-Arctic POM flux (5-95% CI: 1727-2624 Gg or 39-60%; Table S4; Figure S3). The Ob’ River Basin’s low mean watershed slope and comparative warmth (mean annual air temperature $> 1^\circ\text{C}$) in comparison to the other watersheds likely provide habitat conducive to autochthonous production (4). The Ob’ Basin contains much of the wetlands of the West Siberian Lowlands, which provide extensive low gradient water

bodies that promote aquatic biomass production within the slow moving water column (27). Further, the Ob' watershed consists of 22.9% cropland (other rivers < 7%), contains significant fisheries and aquaculture in its many connected waterbodies, and produces the highest and second highest dissolved phosphorous and dissolved inorganic nitrogen yields of the six rivers (4, 25, 28). The comparatively warm, low relief, nutrient-rich nature of the river may therefore contribute to its high aquatic biomass signal. Except for winter, the Yukon showed less aquatic biomass contribution than the other rivers (Table S3), consistent with previous studies hypothesizing that its high particulate C:N and low particulate $\delta^{15}\text{N}$ values indicate low aquatic production (5, 22). The significant turbidity and rapid flow from the Yukon's multiyear snow field and glacier (24) melt in spring and summer may limit in-stream production and dilute inputs of aquatic biomass from non-glacierized catchments. In general, the contribution of the aquatic biomass endmember to rivers in spring may include dormant or dead aquatic biomass such as biofilms and living or dead material that persisted under winter ice and is flushed out during freshet high flows, as well as actively growing material. In the Eurasian rivers, the contribution of aquatic biomass was highest in summer, which fits with observations in the Kolyma where 45-95% of summer POM was recently shown to be autochthonous (29).

The multiple tracers used here allow us to quantify the importance of aquatic biomass, which has previously been overlooked as a contributor to POM in large Arctic rivers (Figure 2; Figure S4). It is well understood that autochthonous OM may drive ^{13}C -depletion in aquatic systems (30), including in Arctic rivers (5, 31). The low $\delta^{13}\text{C}$ -POC values in the present study (min: -37.1‰) are consistent with those previously reported for these watersheds (5, 6) and can only be formed with some contribution from autochthonous production (30) as supported by reported relationships between lipid biomarkers, low C:N values, and ^{13}C -POC depletion (13).

Since seasonal mean $\delta^{13}\text{C}$ -dissolved organic carbon (DOC) values are nearly always more enriched in these rivers than are $\delta^{13}\text{C}$ -POC values, sorption of DOC onto particles is unlikely to contribute to $\delta^{13}\text{C}$ -POC depletion (32).

Rivers are typically oversaturated with CO_2 produced by terrestrial carbon remineralization (23, 33), which may be recycled into aquatic biomass and contribute to the pre-aged aquatic biomass endmember radiocarbon signature. Though the tracer used here cannot distinguish between autotrophic or heterotrophic inputs, the CO_2 saturation likely means riverine autotrophy is a recycling of terrestrial carbon, not a sink of atmospheric carbon. However, this does not mean that aquatic biomass can be lumped together with terrestrial sources since its structure and function changes as SOC with an initially higher C:N ratio and more structurally complex tissue recycles through aqueous CO_2 and becomes fixed into the lower C:N, more carbohydrate-rich biomass of riverine in situ biomass (e.g. 12, 34). Since C:N ratios and aromatic/aliphatic content can serve as a control of OM biolability (e.g. 34, 35, 36), in-stream recycling fundamentally changes the character and thus the fate of POM being exported to Arctic Ocean estuaries. Aquatic biomass therefore needs to be considered separately from allochthonous sources to understand Arctic POM fate.

3.3 Future refinements of endmember values

All endmember values presented here were obtained through an extensive literature review of existing research (see Supporting Information). This means that the endmember calculations and flux estimates presented here are only as robust as the values obtainable by searching the existing literature. Here we discuss caveats around endmember sources and

improvements that could be made to the endmember delineation in this study and which can be applied to future research.

The negligible flux of POM derived from fresh terrestrial production estimated in this study does not account for the contributions of older, more degraded terrestrial production that makes up shallow and deep SOC. Further, the POM samples in this study were taken from downstream locations, so that upstream contributions of fresh terrestrial production to headwater streams may largely be respired to CO₂ within rivers and partially recycled into aquatic biomass by the time they are accounted for at sampling sites (33, 37).

We chose to differentiate between shallow (<1m) and deep (≥1m) soil to derive endmember values rather than the more traditional active layer versus permafrost demarcation because of the heterogeneity of soil profiles underlying the pan-Arctic drainage area, which spans from the continuous permafrost zone to regions where permafrost is not present, and the lack of separation of soil chemistry based on thermal state (Figure 3). The term “active layer” refers to the seasonally thawed, often younger soil present above permafrost (7), but this terminology breaks down in Arctic regions not underlain by continuous permafrost (9). In contrast, shallow and deep soil are accurate descriptions throughout the pan-Arctic. There are significant knowledge gaps in our understanding of SOC with respect to C:N, δ¹³C, and Δ¹⁴C values in Arctic and sub-Arctic regions. Some studies that provide excellent soil Δ¹⁴C data either do not report C:N and δ¹³C (e.g. 11) or show one or the other only as datapoints in figures (e.g. 38), while other studies thoroughly documenting soil C:N and δ¹³C do not assess Δ¹⁴C (e.g. 39). This is understandable, given the cost and time constraints of analyses. However, to improve endmember values, spatially representative soil cores would need to be taken around the

pan-Arctic and analyzed at multiple depths for C:N, $\delta^{13}\text{C}$, and $\Delta^{14}\text{C}$, providing a three dimensional grid of observations. Such a project would be logistically challenging and extremely costly but would eliminate current substantial data gaps.

Similarly, increasing spatially representative sampling of all other endmembers presented here would naturally improve endmember resolution, particularly for aquatic biomass. Some heterotrophic processes such as methanotrophy can transfer carbon from extremely ^{13}C -depleted methane to higher trophic levels and may augment fractionation by aquatic primary production (40), causing a net ^{13}C depletion in the bulk POM pool. Small Arctic rivers can be supersaturated with methane under ice (41), but methanotrophy appears to contribute little to POM and aquatic biomass ^{13}C -depletion compared to fractionation by primary production (42). Therefore, the methanotrophic contribution to riverine CO_2 isotopic composition and autochthonous POM production may often be small. Since our endmember values are based on real aquatic biomass samples, the methanotrophic contribution to aquatic biomass is integrated in the endmember values, though regional variation in methanotrophic contributions where endmember values were not available may be poorly accounted for and an expansion of endmember samples could reveal a larger methanotrophic influence on $\delta^{13}\text{C}$ values in some areas.

Although not typically addressed in mixing models, decomposition processes may shift C:N or isotopic composition of OM residue due to selective consumption of certain biochemicals, adding uncertainty to our endmember values. The ^{13}C enrichment or depletion caused by decomposition depends on the ^{13}C content of the most easily degraded compounds and can range from very minor to over $\pm 1\%$ (43-45). The effects of decomposition on aquatic biomass isotope ratios and C:N ratios are not well constrained and therefore not included in endmember values here, though the large standard deviation of the aquatic biomass $\delta^{13}\text{C}$

endmember helps moderate the difference that decomposition effects might make to the endmember mean. Due to the high relative contribution of aquatic biomass to POM in this study we examined how much a decomposition signal might impact these endmember flux values by assessing how a $\pm 1\%$ shift in the mean $\delta^{13}\text{C}$ value of the aquatic biomass endmember changed the endmember contributions in the Ob' (the most aquatic biomass dominated river). Percent endmember contributions for all seasons varied by $\leq 1\%$, so we proceeded with our initial literature-derived endmember values for this assessment.

Estimating the isotopic composition of aquatic biomass based on riverine dissolved inorganic carbon (DIC) isotopic values and concentration would provide an alternate, mechanistic method of deriving endmember values. However, few studies provide the seasonally-explicit $\delta^{13}\text{C}$ - or $\Delta^{14}\text{C}$ -DIC values needed to calculate annual average values for these rivers (e.g. 24), and this method would not provide C:N ratios for aquatic biomass. Future work constraining both seasonal $\delta^{13}\text{C}$ - and $\Delta^{14}\text{C}$ -DIC values and improved aquatic biomass endmember sampling in these rivers would greatly help constrain this endmember's contribution to POM flux.

3.4 POM source influences POM fate and ecosystem role

The differential fates of autochthonous and allochthonous POM are highlighted in the selective processing of fresh autochthonous OM in water column and sediments and preferential preservation and accumulation of allochthonous POM in inland and marine sediments even when rates of deposition are similar (46-49). In general, POM from autochthonous production is considered more biolabile and of greater energetic value to higher trophic level organisms due to

its high nutrient and useful biochemical content compared to soil-derived POM (50, 51). Increasing C:N ratios and ^{13}C -enrichment in various POM pools have been evoked as signs of selective mineralization of lower C:N, ^{13}C -depleted fresh (including autochthonous) POM (2, 26, 52). Further, low C:N, autochthonous POM drives microbial activity in large and small river estuaries (53, 54).

Since mineral association provides long-term OM protection (55), the mineral loads associated with some soil derived POM fractions may serve as ballast and lead to their preferential deposition (2, 13, 48). Furthermore, deposition and mineral protection within sediments causes POM mineralization rates to decrease substantially especially under anoxic conditions (56-58). Both buoyant, non-mineral-bound organic detritus (2) and POM from marine and estuarine autochthonous production (46, 48, 54) appear to be preferentially transported laterally in estuary or ocean waters or processed rather than being preserved in sediments. We speculate that the same may apply with respect to the aquatic biomass POM flux identified here (Table 2; Table S3; Table S4), so that POM from aquatic biomass may remain buoyant and drive secondary production in estuaries or the coastal Arctic Ocean, as has been inferred of Arctic marine autochthonous POM (2, 46, 48, 59).

These fates carry significance for the global carbon cycle. The oldest POM endmembers identified (deep soil, yedoma, and petrogenic carbon; Table 1; Figure 2) that together provide a 1143-2462 Gg annual pan-Arctic POM flux may be preferentially sequestered in sediments (2, 49, 60). In contrast, the aquatic biomass POM endmember should be more readily mineralized and disproportionately fuel food webs (50, 52-54). With its slightly aged signature it could represent a small leak out of aged high-latitude carbon stocks, but this POM was fixed into its

current form relatively recently (within the river system) and likely cycles rapidly (Table 1; Figure 2). It is critical to distinguish the contributions of older POM of soil origin (26-50%) and more recently fixed aquatic biomass POM (39-60%; Table S4), since assuming all or most Arctic river POM has a soil origin ignores potential variation in POM processing rates and their ecological implications for ecosystem services such as fisheries and global climate regulation (19).

3.5 Future endmember fluxes in a warmer world

Riverine POM appears to currently serve as a valuable energy source (3, 53), a vector of carbon sequestration in Arctic Ocean sediments (2, 26, 46, 59), and a source of greenhouse gasses to the atmosphere (56, 57). The terrestrial-aquatic-oceanic system is tightly linked, and terrestrial/aquatic repercussions of warming temperatures and increasing CO₂ levels will influence the future Arctic Ocean (1, 3). Climate change in the Arctic will simultaneously exacerbate permafrost thaw and increase riverine autochthony while at the same time perturbing the hydrologic cycle (1, 17, 18), thus modifying the fluxes of POM endmembers outlined here.

Soil erosion triggered by permafrost thaw may increase the amount of POM sourced from deep and shallow soil and from yedoma and petrogenic sources (7, 18, 22). Given the large flux of allochthonous Arctic river POM to the coast, the fraction of allochthonous POM that may be decomposed either in transit or in sediments still represents a sizable pathway of greenhouse gas emissions (18, 46, 60). However, it appears that much soil POM mobilized by permafrost thaw and erosion may preferentially relocate to storage in aquatic sediments where its decomposition may slow substantially compared to that of buoyant autochthonous POM (2, 26, 56, 58).

Increasing destabilization of soils will also impact autochthonous production and thus the aquatic biomass POM endmember contribution, though the sign of change may depend on the balance between sediment and nutrient mobilization (18). Thaw-induced sediment mobilization can severely decrease stream invertebrate abundance and algal primary production through scouring and shading (61, 62). However, the hypothesized increase in nutrient concentrations in some Arctic flowpaths from thawing permafrost may increase primary productivity and upper trophic level abundances and biomass (18, 63). Warming temperatures and elevated atmospheric CO₂ concentrations will also increase the aquatic biomass endmember directly (16, 17, 64) through increasing primary productivity, greater metabolism potential, and subsequent consumer growth. An increase in aquatic autotrophic production in Arctic rivers may lead to an increase in the bioavailability of exported POM to the estuaries (and after in-transit processing, to the Arctic Ocean) and a concomitant increase in productivity in downstream food webs (49, 50, 54).

A thought experiment about the timing of POM endmember change can help emphasize the importance differentiating POM sources. Theoretical sediment flux from unregulated Arctic rivers has been estimated to increase 30-122% by 2100 due to ~4.4°C warming and concomitant increasing discharge (65). Supposing for the purposes of the thought experiment that this increase were to translate into equivalent increases in soil-derived POM and be pan-Arctic in scope, the average annual deep soil endmember flux would increase to 694-1185 Gg (an increase of 160-651 Gg annually). This increase in flux would only represent 7-29% of the current annual aquatic biomass POM flux estimated in this study. Continuing the thought experiment, benthic algal biomass increased 84-405% and phytoplankton biomass increased 32-151% under combined elevated CO₂ concentrations and an increase in temperature by 3°C, ~1.4°C less warming than assumed above (17, 65). Even the most conservative increase in biomass (17) is

greater than the largest estimate of increasing deep soil endmember contributions under warmer conditions. It thus appears likely that a hypothetical 7% increase in the current annual aquatic biomass POM flux will appear far sooner than the equivalent 30% increase in current annual deep soil endmember flux, particularly since reservoir establishment in Russian rivers appears to actually decrease sediment fluxes (66).

We thus need to pay more attention to quantifying and constraining the timing of POM endmember flux changes, to understand how the balance of future allochthonous and autochthonous POM source contributions could shift the balance of POM sequestration in sediments versus processing and food web support (52, 60). The 1249-3290 Gg (5-95% CI; 28-75% total) annual pan-Arctic flux of POM estimated based on surface samples that is sourced from soils (including older SOC) may increase with increasing thaw and erosion but much of that flux may shift storage locations from the soil column to sediments. Meanwhile, autochthonous riverine production may also increase, fixing a combination of atmospheric and recently respired CO₂. The POM sourced from this aquatic biomass (currently 1727-2624 Gg, or 39-60% annual flux) may fuel Arctic coastal food webs and release carbon from autochthonous production back to the atmosphere.

4. Methods

4.1 Study location and sample collection

Width-integrated samples for POM were collected near river mouths but above tidal influence at Salekhard (Ob'), Dudinka (Yenisey), Zhigansk (Lena), Cherskiy (Kolyma), Tsiigehtchic (Mackenzie), and Pilot Station (Yukon) approximately every two months between

summer 2012 and fall 2019 (sampling dates at arcticgreatrivers.org) as part of the Arctic Great Rivers Observatory (Figure 1) using a previously reported standardized collection method (25). During open water, 1 L of surface water was collected near each riverbank and 2 L were collected from mid-channel; samples were combined, kept cold, and filtered the same day. Under-ice samples were obtained from a hole in the ice at mid-channel.

4.2 Sample analysis

Samples for POC concentrations and stable isotope ratios were filtered through pre-combusted ($450^{\circ}\text{C} > 5\text{hr}$) 25 mm Whatman GF/F filters ($0.7\ \mu\text{m}$ pore size) with a filter tower and vacuum pump and stored frozen until processing at University of Texas Marine Science Institute. Samples for POC and $\delta^{13}\text{C}$ -POC analysis were acidified (direct ACS 6% SO_2 minimum H_2SO_3 application for three wetting/drying cycles) while samples for particulate nitrogen (PN) were not. POC, PN, and $\delta^{13}\text{C}$ -POC samples were run on a Finnigan MAT Delta Plus isotope ratio mass spectrometer (IRMS) interfaced to a Carlo Erba 1500 element analyzer.

Samples for $\Delta^{14}\text{C}$ -POC were filtered onto 47 mm quartz filters (Whatman QM-A; pre-ashed at 850°C for 6h) using a peristaltic pump and inline polycarbonate filter holder. Filters were frozen until acidification using fumigation with HCl and drying at Florida State University. Samples were oxidized to CO_2 using offline dry combustion with CuO, Cu, and Ag at 850°C in 9 mm quartz tubes. $\Delta^{14}\text{C}$ was measured at the accelerator mass spectrometry facility at ETH-Zurich, where CO_2 was injected into a Mini Carbon Dating System accelerator with a gas-accepting ion source (67).

Differences between rivers for each season and between seasons for each river for carbon isotope values were tested using two-way ANOVA with Tukey's honest significant difference post hoc test using base R (68) and the *agricolae* package (69).

4.3 Mixing Models

Possible contributions of the endmember sources for all POM samples and rivers were calculated using a seasonally-explicit, three tracer mixing model (C:N, $\delta^{13}\text{C}$, and $\Delta^{14}\text{C}$ of POM) solved using a Markov Chain Monte Carlo method in the MixSIAR package (70) in base R (68), which estimates source contributions accounting for uncertainty in source values, residual, and process errors (71). Endmember values were mined from existing literature determined using previous compilations and Web of Science searches (see Supporting Information for complete reference list; Dataset S1; defined in Table 1). A separate three tracer mixing model was created for each river using endmembers specific to each watershed (Table 1). Fresh terrestrial production, shallow soil, deep soil, and aquatic biomass (comprising algae, biofilm, and invertebrate samples; Dataset S1) were used in the models for all rivers (6, 13, 24), plus a petrogenic endmember for the Mackenzie (21) and a yedoma endmember in the Lena, Kolyma, and Yukon (6, 20). Models were run using endmember means and standard deviations, with n for each endmember set to n for whichever variable had the fewest datapoints. MixSIAR models were run without fractionation since POM source (rather than trophic processes) was analyzed. Each sampling was treated as an individual event. Season was defined as spring (May and June), summer (July-October) and winter (November-April), corresponding to distinct hydrologic phases of high-latitude northern rivers (Holmes et al., 2012), and was included as a 'fixed' effect.

Models were considered converged when no variables had Gelman-Rubin diagnostics > 1.05 (72).

4.4 Flux calculations

The POC fluxes were generated from yearly discharge data for 2012-2019 (2012-2017 for the Mackenzie due to missing discharge data) using LoadRunner (73) and the model constituents reported in McClelland et al. (2016) and originally generated with discharge data from 2003-2011. The model calculates daily flux values using the adjusted maximum likelihood estimation. Fluxes were summed by season, year, and river, with the winter for a year referring all the winter months in that year (e.g. winter 2012 included January-April 2012 and November-December 2012). POC seasonal fluxes were multiplied by the fractional component each endmember provided (as 50% CI endmember contribution; Table S3) for each season and river to yield endmember fluxes by season and river for each year. Means and standard errors for fluxes of each endmember were calculated to obtain average seasonal fluxes (Table 2). Further, each year's endmember contributions from all seasons and rivers were summed, and then averaged across year to get the mean total annual contribution of each endmember. The same procedure was used to calculate the 5 and 95% CI endmember contribution fluxes (Table S4).

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Figure Legends:

Figure 1. Map of the six rivers in the Arctic Great Rivers Observatory underlain with the extent and degradation state of permafrost (darker blue indicates more continuous permafrost, lighter blue indicates more discontinuous and sporadic permafrost; (8), yedoma deposits (20), and approximate petrogenic carbon source in the Mackenzie (e.g. 21).

Figure 2. All samples from all rivers in a) $\Delta^{14}\text{C}$ versus $\delta^{13}\text{C}$ space and b) $\Delta^{14}\text{C}$ versus C:N space, with all endmembers and standard deviation ranges for each endmember shown. No single river uses all six endmembers; these are shown for an overview of data only.

Figure 3. Samples from literature review used for soil (deep and shallow) endmembers. a) C:N, b) $\delta^{13}\text{C}$ values, and c) $\Delta^{14}\text{C}$ values for soil organic carbon with depth.