# **Advocacy**

"...lack of knowledge by the public and governmental entities...and economic barriers such as the limitations on income earned while on SSI/SSDI that thoroughly discourages employment has left persons with disabilities the most discriminated against class in our society." – Survey Comment

## What is the vision of the future for Advocacy?

#### **Public Awareness & Accessibility**

- Awareness of the needs of people with disabilities leads to greater accessibility, the removal of physical and attitudinal barriers.
- People with disabilities are actively included and respected as important members of the community.

### **Self-Advocacy**

- A strong self-advocacy system for people with disabilities enables them to speak up for themselves, beginning at an early age.
- People with disabilities have safe places and support to learn to speak up for themselves.
- The right to make choices, express desires, and express opinions is valued and respected.
- Adults with disabilities assume leadership roles and are involved in policy development and cultural activities.

#### Advocacy

- There is unity in advocacy across agencies, types of disabilities, and across the lifespan.
- People without disabilities own their own biases and collaborate with individuals with disabilities without controlling them.
- · Individuality is embraced.

### **Civic Engagement & Policy**

- People with disabilities are knowledgeable about public policy issues and candidates running for public offices, and they vote.
- People with disabilities are involved in local government, participate in public forums, and are involved in decision-making processes.
- Public and court officials are educated and informed about people with disabilities, their rights, and their desires to be included.
- There is equality under the law and due process for all people with disabilities.

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### What are priorities for Advocacy?

The first priority in Advocacy is for the choice, desires, and opinions of individuals to be valued and respected (39%), followed closely by greater public awareness and accessibility (38%), and unity in advocacy across agencies, types of disabilities, and the lifespan (34%). Table 4 shows the total response.

Table 4: Priorities in Advocacy

Rank	Priority Statement	%Response
1	Choices, desires, and opinions valued and respected	39%
2	Greater public awareness and accessibility	38%
3	Unity in advocacy across agencies, types of disability, and lifespan	34%
4	Public and court officials know about disabilities	30%
5	Improved attitudes of advocates, working together without controlling	27%
5	Safe places and support to learn self-advocacy	26%
6	Strong self-advocacy system	26%
7	Involvement in local government, public forums, decision making	22%
8	Leadership roles in policy development and cultural activities	21%
9	Equality under the law and due process	20%
10	Participation in public policy and voting	11%
Total Respondents: 273		100%

**Note:** The number of respondents varies in the tables reporting prioritization results because participants were given the option to skip questions they chose not to answer.

# What strategies were suggested for Advocacy?

Strategies for Public Awareness & Accessibility

- Use social media and other educational means for cultural change to promote respect and understanding of people with disabilities.
- Assist development of health networks in rural areas to integrate services.
- Work on moving away from the negative and deceptive label "disabled" which sets people up to be in a "have not" category.
- Look for national leaders among people with disabilities to act as spokespersons working to change prejudiced opinions.
- Help the public to recognize and respect invisible disabilities.

#### **Strategies for Self-Advocacy**

- Ensure people have a voice in developing their plans (Individualized Education Program-IEP, Plan of care, treatment plan...etc.).
- Foster support networks such as Peer Power, Partners in Policymaking, and People First.
- Use social media to advocate and teach appropriate ways to respond to cyber bullying and other bullying behavior.
- Teach self-advocacy skills, starting from an early age. Ideas:
  - o Include it in the IEP, parent-teacher conferences, and team meetings
  - o Use a self-advocacy curriculum in school including resources/tools
  - Teach people how to speak up for oneself
  - Allow risk taking and learning from mistakes
  - Provide opportunities to build self-esteem and confidence
  - Help people learn about their disability, strengths, and needs
  - Educate about disclosure (benefits, drawbacks, when to disclose)
  - Teach people how to listen
  - Use role-play to teach people how to be a self-advocate

#### **Strategies for Advocacy**

- Make resources, tools, and education available to promote advocacy and self-advocacy for others.
- Train families and staff to support self-advocacy and keep the individual's beliefs and values in the forefront.
- Facilitate opportunities to self-advocate and celebrate everyday self-advocacy successes for individuals of all ages.
- Build relationships between seniors (e.g., AARP, Senior Centers) and people who experience a variety of disabilities (e.g., Brain Injury Network, physical disabilities) to advocate for government policies, funding, resources, and services.
- Provide incentives to family members and care providers to get involved in advocacy groups.

### **Strategies for Civic Engagement & Policy**

- Conduct targeted advocacy to policy makers.
- Provide opportunities to learn about public policy issues and political candidates, attending political forums and town-hall meetings.
- Provide more resources for senior advocacy groups and organizations.
- Increase resources and assistance for filing complaints, and legal actions to enforce existing laws and regulations.
- Advocate for more non-partisan legislation and public policy that address issues related to housing and employment, equal accessibility in society and in the workplace.