

# TAAV Program Evaluation

## Key Findings

October 23, 2015  
Bethel, AK

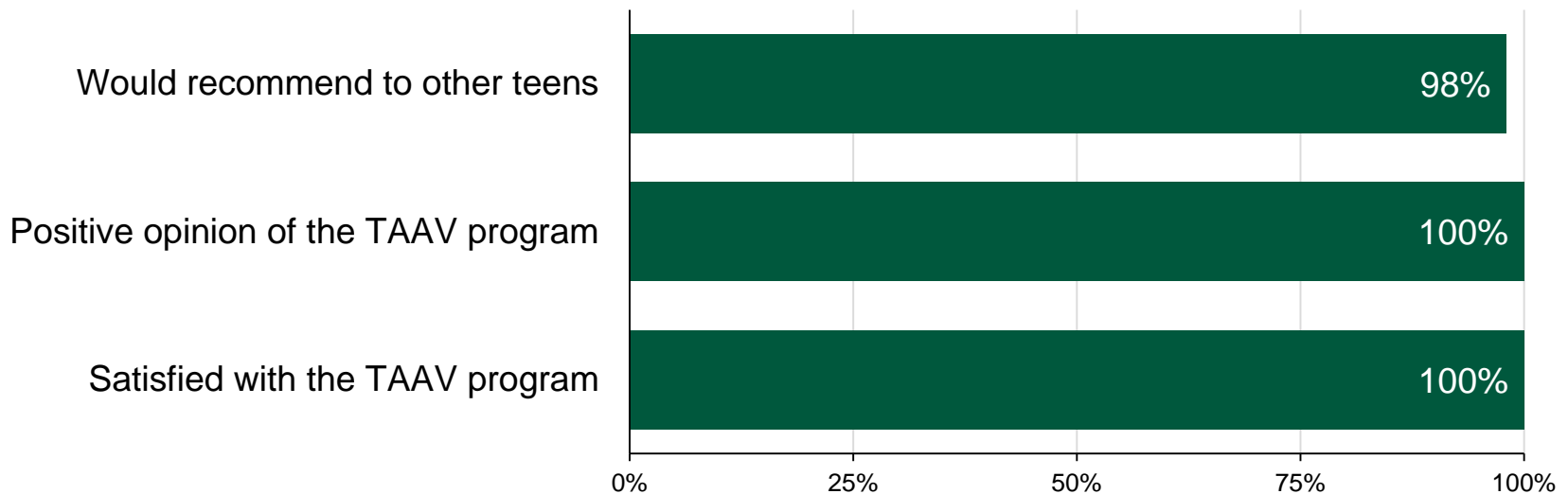
Khristy Parker, MPA

# Methodology

- Former and current ADULT TAAV members
- Recruited via Facebook or email invitation
- Online, written survey
  - 98.9% response rate (85 out of 86)

# Overall Satisfaction

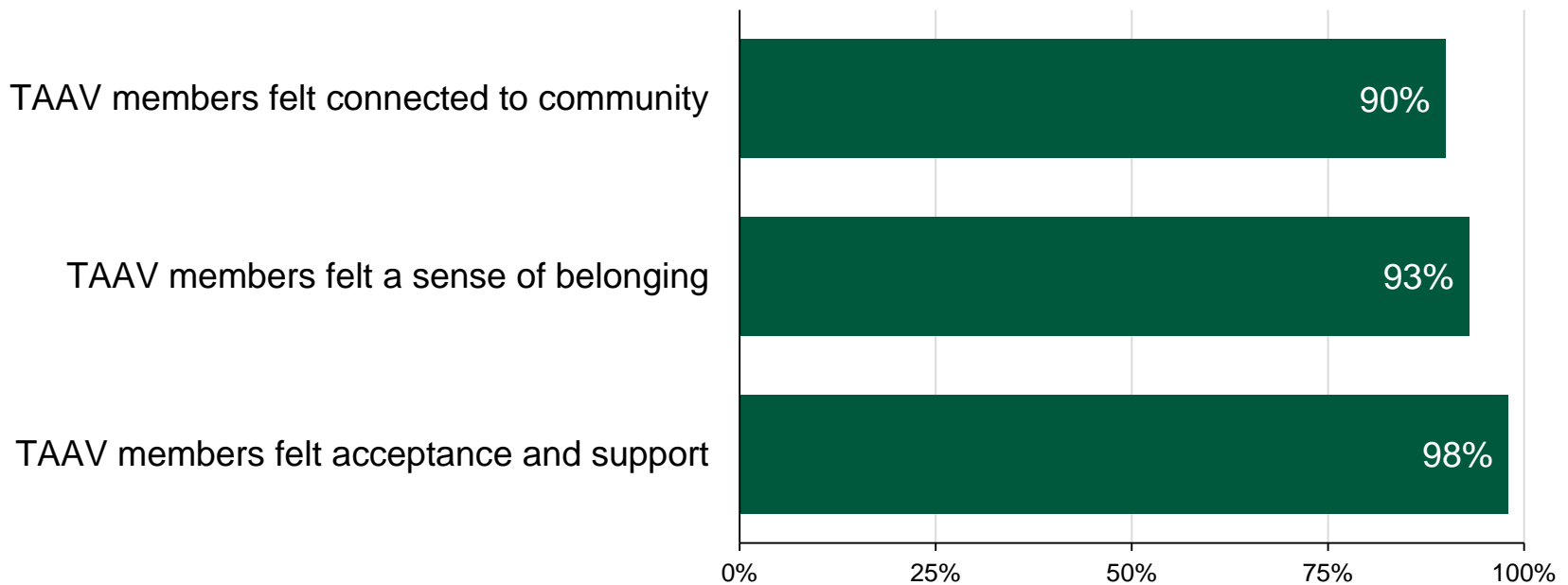
TAAV members were satisfied with their experience in TAAV.



“Great experience! Strongly recommend the youth attend the program.” – *TAAV respondent*

# TAAV Experience

The TAAV program was successful in providing a welcoming and safe environment for TAAV members.



# TAAV Staff

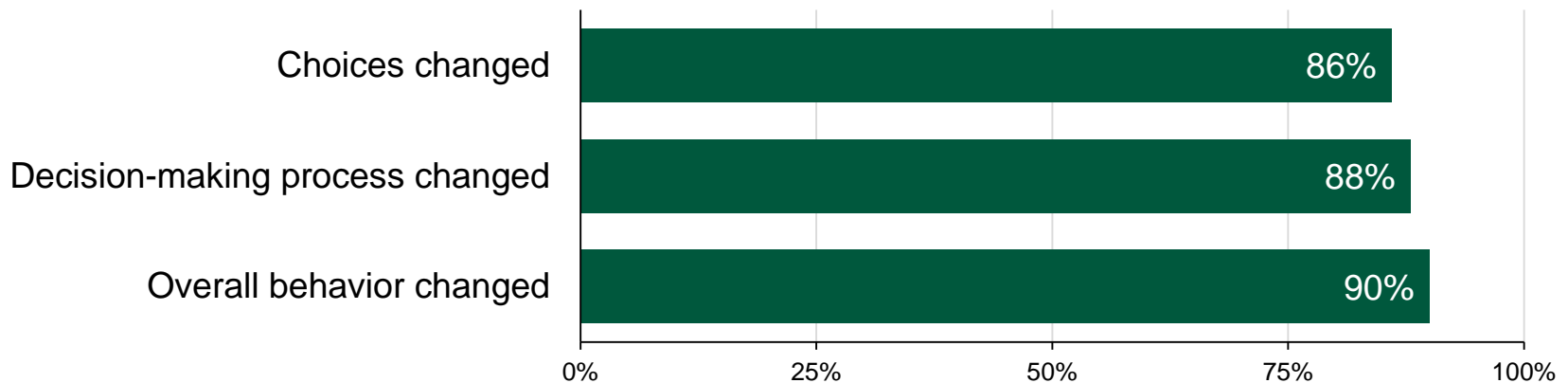
The TAAV program was successful in providing adult role models and opportunity for healthy relationships with adults.

- 98% - TAAV staff was conscientious and kind & provided leadership and support
- 96% - TAAV staff provided leadership opportunities to TAAV members

“Looking back, I’m impressed with the help and support some staff members were willing to offer.” – *TAAV respondent*

# Positive Change

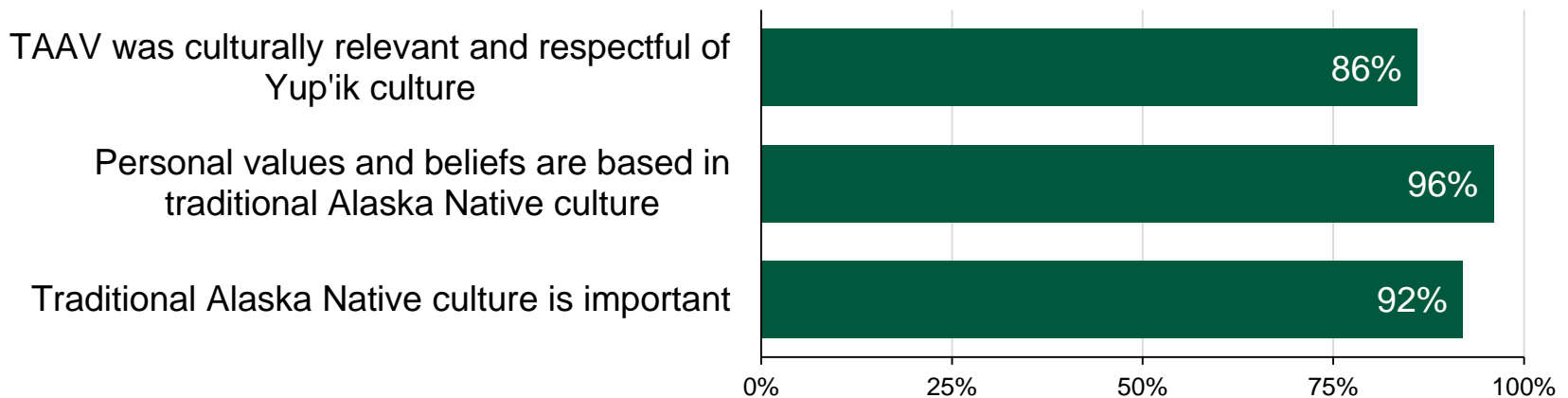
The TAAV program was successful in effecting positive changes in the behaviors of TAAV members.



“I feel like being a part of this all made me choose to be a better, good, nice person.” – *TAAV respondent*

# Alaska Native Culture

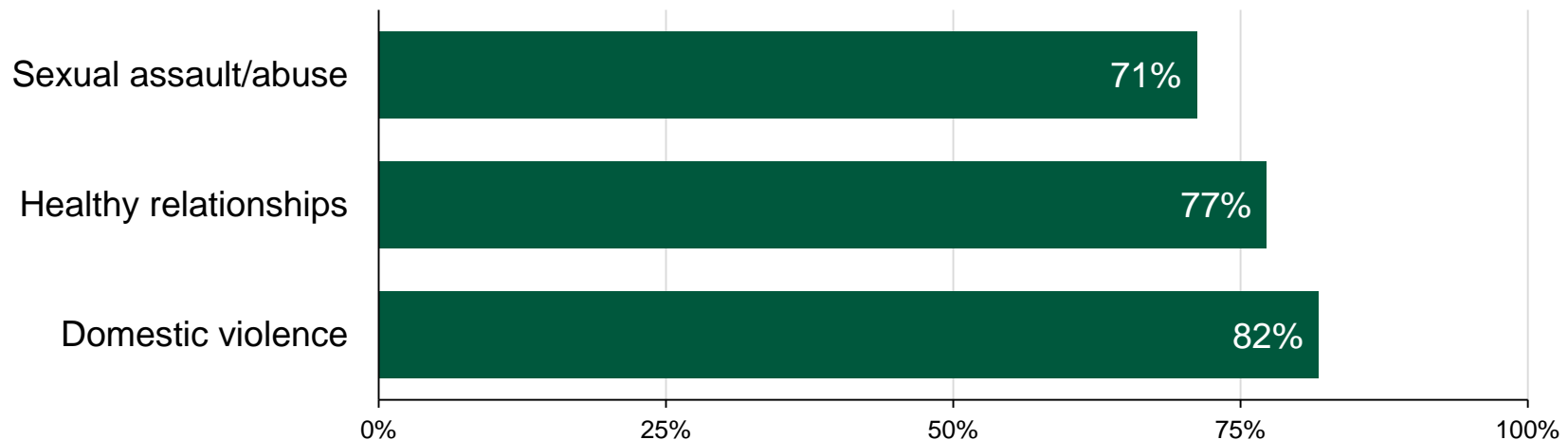
The TAAV program successfully strengthened members' connections to Alaska Native culture.



“I think TAAV should continue what they’re doing. I think it helps to connect with the culture – but at the same time it’s with friends.”  
– *TAAV respondent*

# Improved skills and knowledge

The TAAV program increased the skills and knowledge of TAAV members in the following top three topic areas:

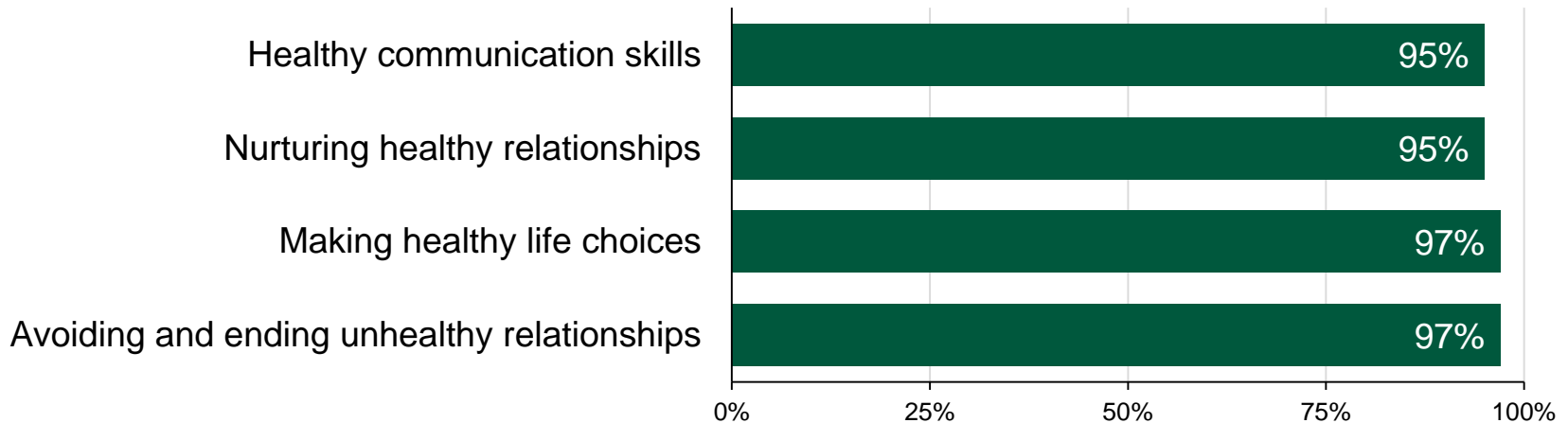


“I like being able to give advice to friends and others about being in a healthy relationship and help them if they are in violent situations.” - *TAAV respondent*



# Gains

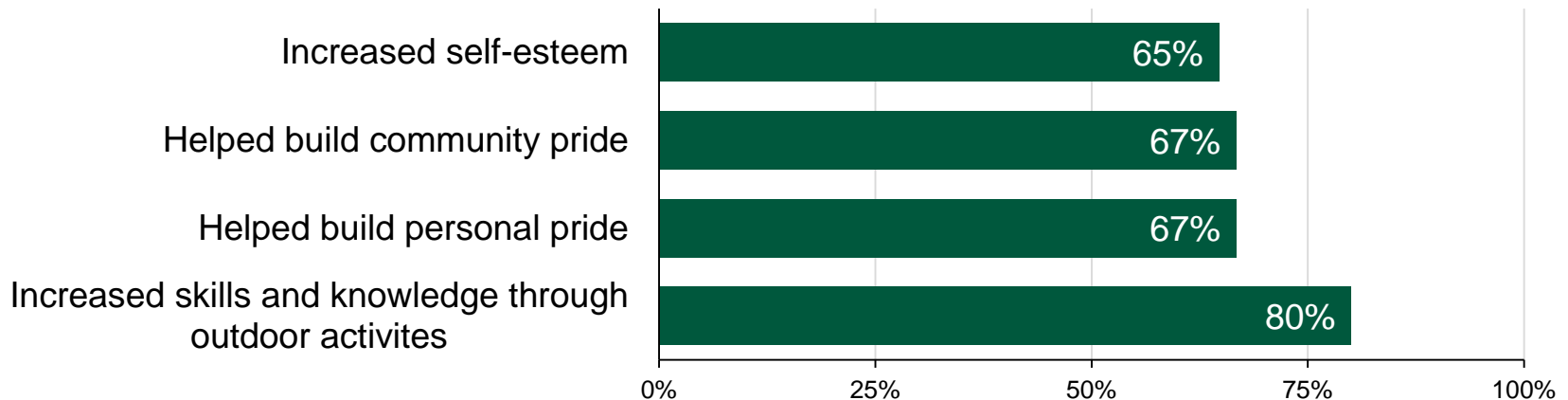
The TAAV program resulted in positive gains for TAAV members.



“It [TAAV] has helped me have better relationships with my parents and peers [and] helped me make healthier decisions in my life. Gave me knowledge on abuse and healthy relationships – that way I know the warning signs and can get out of an unhealthy relationship and help others.” – *TAAV respondent*

# Outdoor Activities

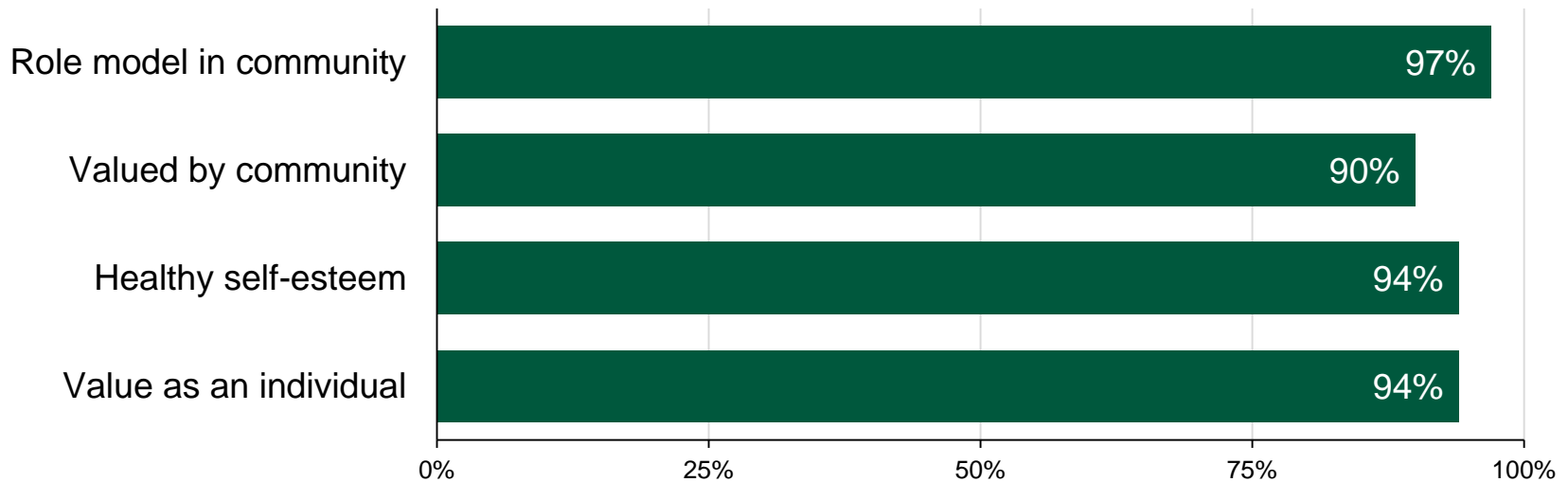
The TAAV program successfully used outdoor activities to improve the lives of TAAV members.



“Every summer we would experience different activities on each trip and it would let us learn different responsibilities, teamwork, and to help and support each other in any way.” – *TAAV respondent*

# Self-Perception

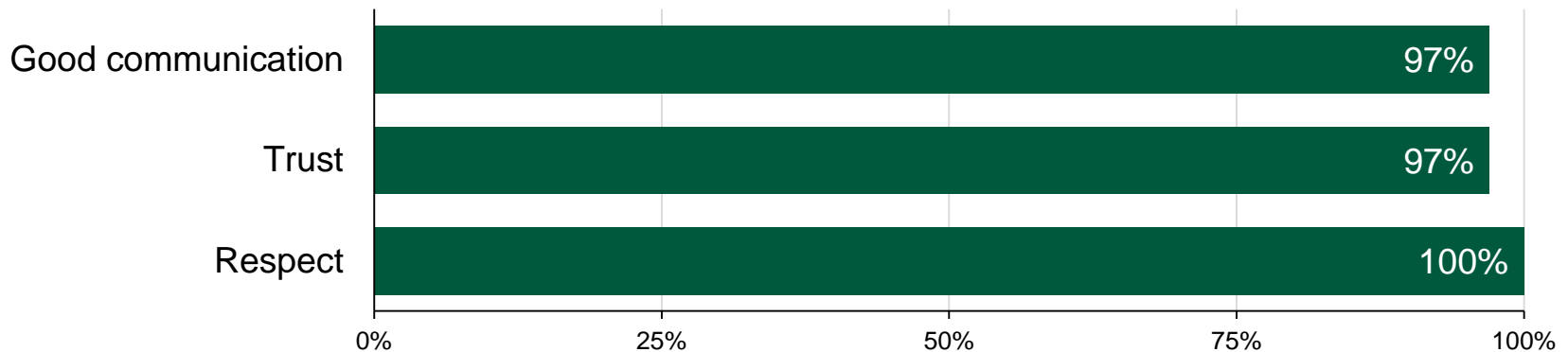
The TAAV program successfully fostered improved self-awareness of TAAV members.



“TAAV made me want to do my best to encourage others that there is opportunity as long as they respect themselves and others.” – *TAAV respondent*

# Interpersonal Relationships

The TAAV program successfully educated TAAV members on the aspects of healthy relationships. Post-TAAV relationships:



“I like being able to give advice to friends and others about being in a healthy relationship and help them if they are in violent situations. TAAV inspired me to choose to want to work helping people out and wanting that to be my career no matter what kind of work it is.” – *TAAV respondent*

# Intervention

The TAAV program successfully taught the importance of “getting involved.”

- TAAV members demonstrated a high likelihood of intervening in a potentially dangerous situation
  - 95% - If the situation included friends
  - 94% - If the situation included strangers
- 80% - Would speak out publicly on issues related to interpersonal violence

“TAAV helped me to respect others and myself, including other people who need help.” – *TAAV respondent*

# High-risk behavior

The TAAV program successfully educated TAAV members on the dangers of alcohol and drug use and/or abuse.

- 98-100% - Had not misused legal or illegal drugs, or other substances, to get high in the month preceding the survey
- In the month preceding the survey:
  - 72% - Did not use marijuana
  - 41% - Did not use alcohol

# Conclusion

- Overall, TAAV participants reported positive outcomes and lasting impacts from their time in TAAV.
- TAAV is poised to remain a model for prevention, intervention, and education of middle and high school students in Alaska, if not the country.

“I am very thankful to have been a part of this wonderful program, it has taught me things I need to know in life & I appreciate the opportunity. Quyana TWC!” – *TAAV respondent*



# Contact

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