

MODEL PROGRAMS FOR THE PREVENTION OF YOUTH VIOLENCE



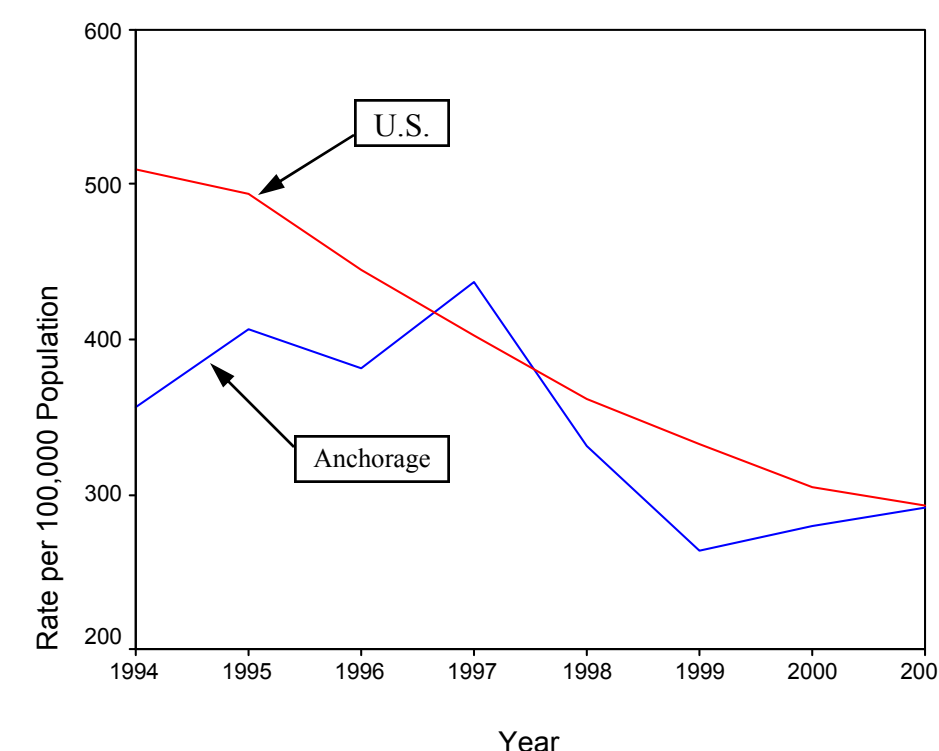
André B. Rosay and Sharon Chamard
Justice Center, University of Alaska Anchorage



YOUTH VIOLENCE IN ANCHORAGE

Arrest Rate of Persons Under Age 18
(per 100,000 persons age 10 to 17) in U.S. and Anchorage Borough

Figure 1. Juvenile Arrest Rate for Violent Crime



Violent crimes include murder and non-negligent manslaughter, forcible rape, robbery, and aggravated assault.

Figure 2. Juvenile Arrest Rate for Murder

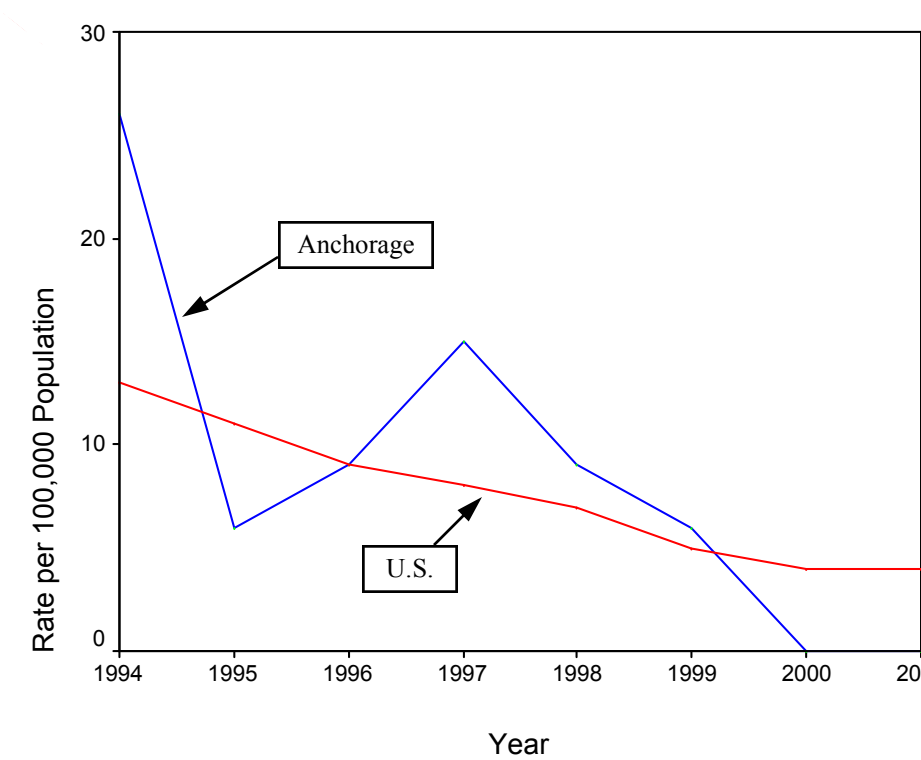


Figure 3. Juvenile Arrest Rate for Forcible Rape

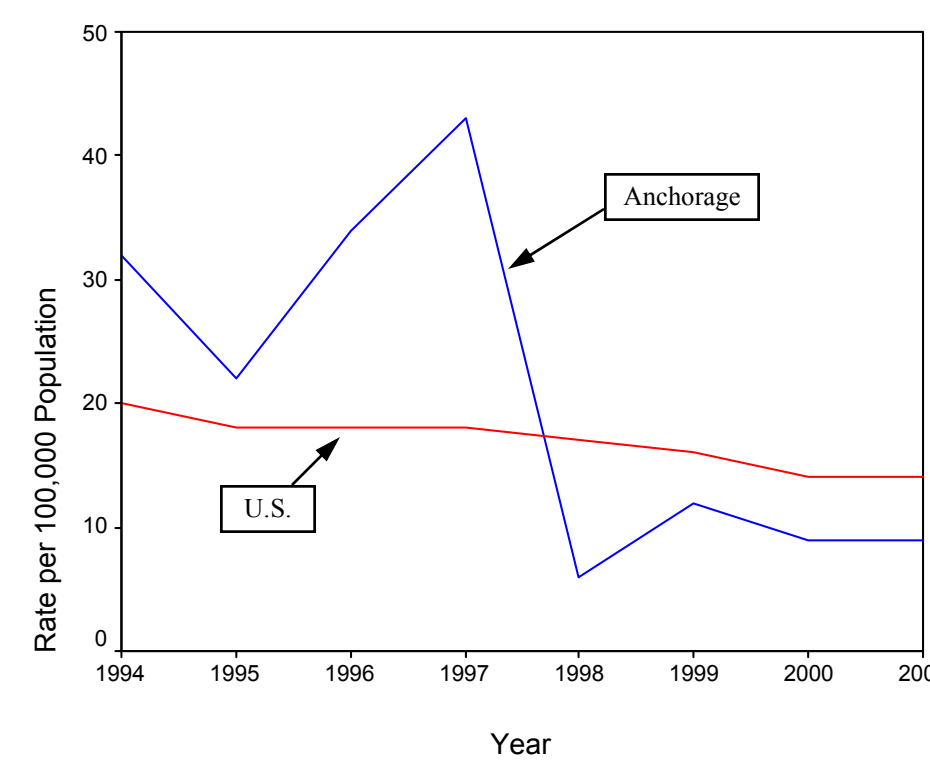


Figure 4. Juvenile Arrest Rate for Robbery

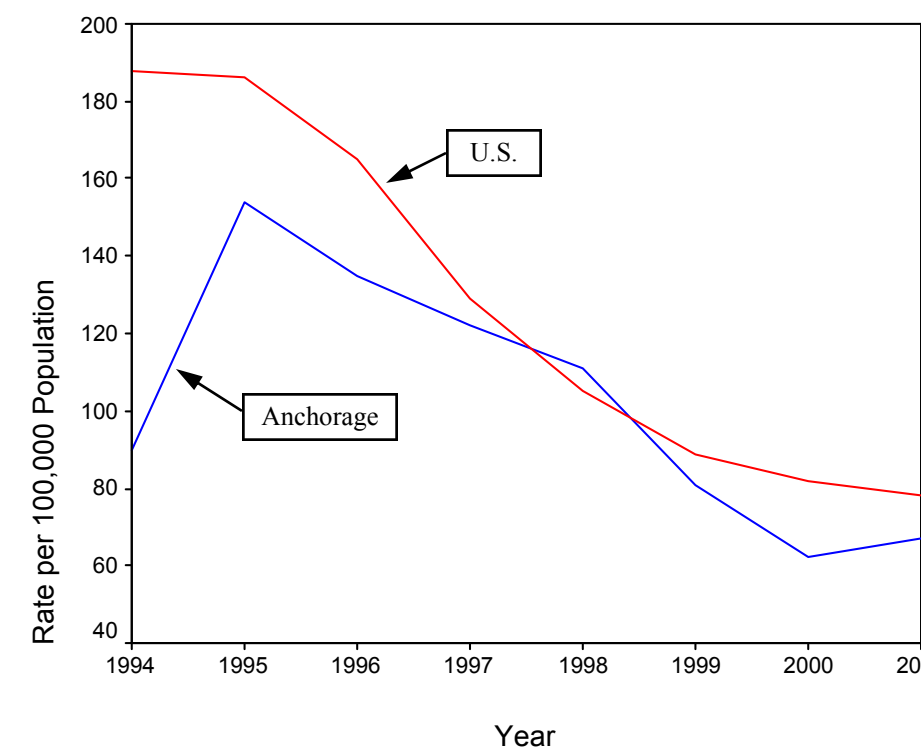
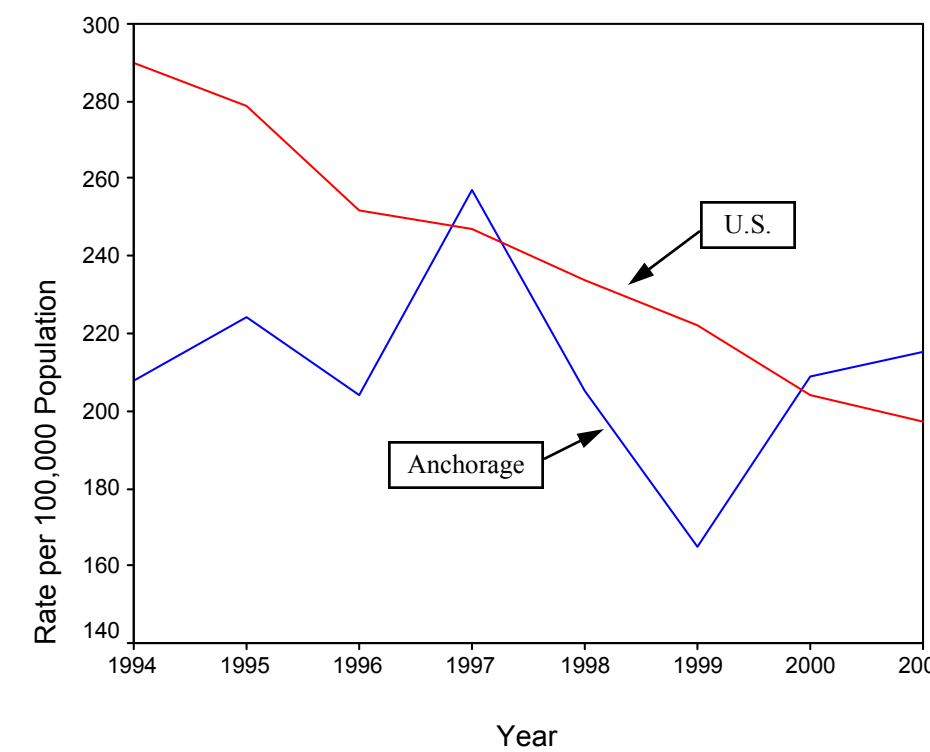


Figure 5. Juvenile Arrest Rate for Aggravated Assault



Sources:

Uniform Crime Reports:

<http://www.ojdp.ncjrs.org/ojstatbb/ezaucr/>

Blueprints for Violence Prevention:

<http://www.colorado.edu/cspv/blueprints>

Youth Violence. A Report of the Surgeon General:

<http://www.surgeongeneral.gov/library/youthviolence>

MODEL PROGRAMS AND PROGRAM CHARACTERISTICS

PROGRAM	PROGRAM TARGETS	PROGRAM SUMMARY	PROGRAM OUTCOMES	PROGRAM COST
Functional Family Therapy	11-18 year olds at risk for delinquency	Emphasize factors that enhance protective and risk factors. A phasic program that teaches engagement, motivation, assessment, behavior change, and generalization.	Effectively treats behavioral disorders Prevents further behavioral disorders Prevents waivers to adult court Reduces access to other social services	\$1,350 to \$3,750 for 12 home visits
Multisystemic Therapy	Violent 12-17 year olds	Empowers youths and parents to cope with problems using the strengths of families, peers, schools, neighborhoods, and support networks.	25-70% lower long-term rates of rearrest 47-64% fewer out-of-home placements Improvements in family functioning Decreased mental health problems	\$4,500 per youth
Nurse-Family Partnership	Low-income, at-risk pregnant women	Nurse home visitors help improve prenatal health, pregnancy outcomes, infant care, child health, and child development. Also improve women's own development.	60% fewer instances of running away 56% fewer arrests 56% fewer days of alcohol consumption Mothers also benefited greatly	\$3,200 per year per family
Multidimensional Treatment Foster Care	Teenagers with severe criminal histories	Community families are recruited, trained, and closely supervised to provide foster care with treatment and intensive supervision at home, school, and community.	Spent 60% fewer days incarcerated Fewer subsequent arrests Less hard drug use	\$2,691 per youth per month
Bullying Prevention Program	Elementary, middle, and junior high students	Intervention for the reduction and prevention of bully/victim problems. Contains school-, class-, and individual-level components.	Substantial reductions in bullying Substantial reductions in victimization Reductions in antisocial behavior Improved social climate, order, discipline	\$200 per school \$65 per teacher
Promoting Alternative Thinking Strategies	All elementary school aged-children	Comprehensive program for promoting emotional and social competencies and reducing aggression and behavior problems while enhancing educational process.	Increased ability to tolerate frustration Better conflict-resolution strategies Decreased conduct problems Decreased aggression	\$30 per student per year
The Incredible Years	2-8 year olds at risk for conduct problems	Three comprehensive, multifaceted, and developmentally-based curriculums for parents, teachers, and children designed to promote emotional and social competence.	Less peer aggression Fewer conduct problems Better conflict management with peers Better family communication	\$975 to \$1,300

NOTE: TO DEVELOP EFFECTIVE PROGRAMS IN ANCHORAGE, WE MUST FIRST OBTAIN A BETTER UNDERSTANDING OF THE CHARACTERISTICS OF YOUTH VIOLENCE IN ANCHORAGE.