Domestic Violence in Alaska: Definitions, Rates in Alaska, Causes and Consequences

No More! Event
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Defining Domestic Violence: DOJ

• *Pattern* of abusive behavior
• To gain or maintain *power* and *control* over another intimate partner
• *Physical, sexual, emotional, economic, or psychological actions or threats* of actions
  – Includes behaviors that: intimidate, manipulate, humiliate, isolate, frighten, terrorize, coerce, threaten, blame, hurt, injure or wound someone
Alaska Victimization Survey

- Designed to establish a baseline for estimates of intimate partner and sexual violence
- Modeled after the National Intimate Partner and Sexual Violence Surveillance System (CDC)
- Surveys were conducted by phone
- Respondents were randomly selected adult females (cell phones and land lines)
Alaska Victimization Survey

- 2010: Statewide
- 2011:
  - City and Borough of Juneau
  - Fairbanks North Star Borough
  - City of Fairbanks
  - Municipality of Anchorage
  - Bristol Bay
- 2012:
  - Kodiak Island Borough
  - City and Borough of Sitka
  - Yukon-Kuskokwim Delta
- 2013:
  - Ketchikan Gateway Borough
  - Kenai Peninsula Borough
  - Matanuska-Susitna Borough

- 2014
  - North Slope
  - Nome
  - Aleutians west

www.justice.uaa.alaska.edu/avs/
Intimate partner violence includes two measures

- **A** – Threats of physical violence.
- **B** – Physical violence.

Both include intimate partners only, defined as romantic or sexual partners.

Measures are then combined into a single ‘intimate partner violence’ composite.

Threats of physical violence by intimate partners:

- Have your romantic or sexual partners made threats to physically harm you?
Intimate Partner Violence: AVS

• Physical violence by intimate partners:
  – Have your romantic or sexual partners…
    • Slapped you?
    • Pushed or shoved you?
    • Hit you with a fist or something hard?
    • Kicked you?
    • Hurt you by pulling your hair?
    • Slammed you against something?
    • Tried to hurt you by choking or suffocating you?
    • Beaten you?
    • Burned you on purpose?
    • Used a knife or gun on you?
IPV in Alaska Compared to U.S.

- Physical violence: 44.8% (Alaska) vs. 32.9% (US-NISVS)
- Any psychological aggression: 66.3% (Alaska) vs. 48.4% (US-NISVS)
## Rates of Lifetime Intimate Partner Violence

<table>
<thead>
<tr>
<th>Category</th>
<th>Alaska</th>
<th>US-NISVS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physical violence</td>
<td>44.8%</td>
<td>32.9%</td>
</tr>
<tr>
<td>Slapped, pushed or shoved</td>
<td>42.0%</td>
<td>30.4%</td>
</tr>
<tr>
<td>Any severe physical violence</td>
<td>34.4%</td>
<td>24.3%</td>
</tr>
<tr>
<td>Any Psychological Aggression</td>
<td>66.3%</td>
<td>48.4%</td>
</tr>
<tr>
<td>Any expressive aggression</td>
<td>56.3%</td>
<td>40.3%</td>
</tr>
<tr>
<td>Any coercive control</td>
<td>56.4%</td>
<td>41.1%</td>
</tr>
<tr>
<td>Sexual Violence: Rape</td>
<td>29.2%</td>
<td>18.3%</td>
</tr>
</tbody>
</table>
Out of every 100 adult women who reside in the Municipality of Anchorage:

42 experienced intimate partner violence (IPV):

30 experienced sexual violence:

51 experienced intimate partner violence, sexual violence, or both:

These lifetime estimates come from a 2011 survey of adult women in the Municipality of Anchorage. 
Out of every 100 adult women who reside in the Matanuska-Susitna Borough:

46 experienced intimate partner violence (IPV):

34 experienced sexual violence:

53 experienced intimate partner violence, sexual violence, or both:

These lifetime estimates come from a 2013 survey of adult women in the Matanuska-Susitna Borough.

Acknowledgements

We sincerely thank the women who invested time and effort to participate in the Alaska Victimization Survey. They re-lived horrendous experiences, experiences that no one should have to be subjected to, to help the rest of us understand the extent of intimate partner and sexual violence in Alaska.
Psychological Consequences

• One of many consequences
• Serious emotional and mental distress
  – Depression
  – Post Traumatic Stress Disorder (PTSD)
  – Fear, anxiety and panic disorders
  – Increased risk of suicide
• Guilt
• Substance abuse
• Impacts on children exposed to DV
Causes of Domestic Violence

• Poorly understood and disagreement
  – Complex and multi-factor
• Risk or contributing factors
• Exposure to violence or trauma
  – Learning and reinforcement
• Need for power to control and dominate
• Lack of value and respect for women
• Reinforced by social norms and cultural values
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